



Lesson Plan – What are the unwritten rules?

Purpose: Explore fairness by viewing our values through different perspectives. Recognise how others feel in different circumstances and how this empathy may affect decisions-making.

Equipment needed: Pen, Paper, computer, projector.

Lesson timings (50 minutes): The timings are just a guide. The lesson can be delivered as a whole, in sections, or if there is a rich discussion in one section, take the time and allow that to develop.

Pre-Work		
Teachers : N/A		
Students : N/A		
Lesson structure	Lesson Content	Resources / Comments
Class Environment 5C Slide	Share the 5C's of the CfL classroom to create a respectful, safe atmosphere and to build trust with each other. Together we are growing a creative, critical, caring, collaborative environment where positive, supportive communication is developed through listening, sharing and building on ideas.	Remind learners how a classroom that explores CfL topics needs to look, feel and sound.
Check-In Whole Group (5 mins) Grounding Exercise	Click the video to introduce learners to the benefits of a grounding exercise in managing anxiety and being present.	The video transcript is in the slide notes if the video does not play.
Warm-Up Groups of 4 (10 mins) Social Contracts	Learners self organise into pairs and then organise the pairs into groups of 4. Introduce learners to the idea of social contracts, that in society we work in a reciprocal, mutualistic way. 1. Present learners with the last cookie scenario. 2. Learners reflect on the social contracts in their lives, recognising that social contracts are a compromise, we give up certain freedoms for certain benefits.	Extra guidance is in the slide notes for these tasks.
Main Activity Groups of 4 (25 mins) Co-creating Social Contracts	Learners remain in their groups of 4 1. Each group assigns 1 scribe to capture the group's key points. and 1 person to give feedback to the class. 2. Set the scene: We have social contracts in all our relationships. Including in this classroom. Today we are going to bring our awareness to the kind of social contract we want in this class. 3. In groups learners will write responses to each of the questions.	Additional guidance is provided in the slide notes. Be aware that you will need to collate and simplify responses and then for each question the class will select their top responses.

	<p>Whole Group</p> <ol style="list-style-type: none"> 4. The responses will be shared with the class in turn. 5. Once all responses are collated the class will agree the top responses for each question. 6. Learners will determine as a class the values that underpin their final social contract 	
<p>Reflection Groups of 4/Individually (10 mins)</p> <p>Shared Values?</p>	<p>Groups of 4 Learners will:</p> <ol style="list-style-type: none"> 1. Review the list and suggest any final iterations 2. Discuss the shared values and where else these show up in your lives. 3. Discuss if there are values and aspects of this social contract that you would like in your other relationships. 	
<p>Check-out Whole class (5 mins)</p> <p>What next?</p>	<p>Learners reflect on:</p> <ol style="list-style-type: none"> 1. How can you use what you have learned in the future? 2. Example: Plan to deliberately enact your groups' social contract this week 	

*Most CfL activities work best when the teachers join the students and do the activity with them.